



European Tang Soo Do federation

Risk Assessment  
RA No. 02

Ref No.

ETSDF RA 01

Revision

01

Date

03/07/2020

<b>1. ACTIVITY:</b>	Indoor Training sessions – Martial arts (Tang Soo Do)		
Prepared by:	Name: Ian Wallace	Position: COVID19 Officer	Reviewed by: Name: Master S Nar Position: Chief Instructor

The ETSDF recognises that all risks cannot be reduced to zero, therefore this risk assessment prioritises the significant risks. Significant risks are those which pose risk of serious injury or risks that are common in teaching of Tang Soo Do. For all activities, Instructors will dynamically assess risks and put in place control measures and record as required. Concerns, changes in risk management practice or minor injuries that are seen by Instructors to be significant should be reported to tangsoodomalta@gmail.com.

As a result of COVID-19, the ETSDF has produced this Risk Assessment to help our Clubs comply with the Government Guidelines. It is important to understand that these measures are taken in a bid to minimise the risk of COVID-19 being passed between participants whilst Training. The ETSDF and our Clubs will do their utmost to provide a safe environment but take no responsibility for members who contract COVID-19, however contracted. The responsibility for a safe training environment is a shared between the Instructor and the members. Members must make their own personal judgment as to where, when or whether they will train. Members have the responsibility to NOT train or attend the DoJang if they have any symptoms that may be in anyway related to COVID-19. Furthermore, if they have had contact with anyone who has, or is suspected of being infected with the COVID-19 virus they must NOT train and should follow government guidelines on isolation, timescales etc. The responsibility for the safety and wellbeing of those under 18 years of age is with the parent/guardian. Please note that this risk assessment is by no means exhaustive or comprehensive – other risks may emerge. The ETSDF will continue to work within the latest Government guidelines and therefore this risk assessment will be reviewed and updated as necessary.

**2. HAZARD IDENTIFICATION Identify hazards that may be present by ticking items on the list below**

**3. PRECAUTIONS:**

CONFINED SPACE		HAZARDOUS AREA		HIGH RISK		HIGH RISK	
Difficult Entry/Exit	N/A	Traffic	N/A	Falling Objects	N/A	Construction working nearby	N/A
Oxygen Deficiency	N/A			Poor Lighting	N/A	Poor Visibility	N/A
Oxygen Excess	N/A	No handrails at sports area	N/A	Slippery Surfaces	X	Inhale able Dusts/Fibres	N/A
		Remote Area	N/A	Multiple Electrical Feeds	N/A	High Noise Levels	N/A
		Sharp objects	N/A	Trip Hazards	X	Difficulty to Communicate amongst students/instructors	X
		Toxic Substances	N/A	Electrical Hazards	N/A	Swords	X
		Potential for Difficult Rescue	N/A	Electrical High Fault Level work 400 amps or greater	N/A	Sticks	X
		Near Water	N/A				
				Manual Handling	X	Traffic Movement	N/A
<b>HAZARDOUS SUBSTANCES in work area / to be used - attach MSDS</b>				Sharp Materials	N/A	training near Operation Processing Lines	N/A
Sanitizers MSDS sheet				Flammable. Materials Present	N/A		

ADDITIONAL PRECAUTIONS		Training Specific	
Hand Sanitizers	X	Sparring gear	X
Glasses/Goggles	N/A	Swords (wooden)	X
Full Face Shield	N/A	Daggers (wooden or rubber)	X
Fire Extinguishers		DoBok (White Training suit)	
Ventilation			
Lighting (if dark)			
Masks			
Erect Warning signs			
		Remarks:	
		All the above mentioned items are considered however since there is no contact allowed all above is for information purposes only.	
		Swords and sparring gear shall not be shared however sparring gear can be used as a barrier between pad and skin.	



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Step No. Logical sequence	Sequence of steps	People at risk	Risk Rating	Recommended Corrective Action or Procedure	Risk Rating
1	Member has underlying medical condition which may be more affected by COVID-19	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> <li>General public</li> <li>ALL</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Send out note to members to advise not to attend if show symptoms</li> <li>Ask at each training session</li> </ul>	Low
2	Infection transmission via airborne transmission	<ul style="list-style-type: none"> <li>ALL</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Anyone with coughs or colds etc must NOT train or enter the DoJang</li> </ul>	Low
3	Change over between other classes using the DoJang	<ul style="list-style-type: none"> <li>All</li> </ul>	Low	<ul style="list-style-type: none"> <li>Allocate time between Classes. Work with Venue Management/Sports Centre</li> </ul>	Low
4	Infection transmission via airborne or physical contact. Whilst changing/showering	<ul style="list-style-type: none"> <li>All</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Member should arrive and leave in a freshly clean DoBok and shower at home.</li> <li>Shower facilities are closed</li> </ul>	Low



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5	Infection transmission via airborne & physical transmission	• All	Low	• Wear face masks when travelling to/from, entry/exit of the DoJang	Low
6	Infection transmission by physical contact	• All	Low	• Hand wash facilities at venue/ encourage members to bring hand sanitiser – pre-entry and exit from the DoJang	Low
7	Infection transmission by physical contact with surfaces	• All	Low	• Avoid contact with door handles etc if possible. Wash hands/hand sanitiser gel	Low
8	Parents/ spectators attending with members.	• ALL	Low	• Wait outside – due to limited space. Follow Government guidelines and guidance from Sports Venue at all times	Low
9	Attendance register	• ALL	Low	• Only one person to record attendance	Low
10	Infection Transmission via Cash/Cheques	• ALL	Low	• Use electronic payments wherever possible	Low
11	Infection transmission by physical contact whilst training	• ALL	Low	• No physical contact. Maintain physical separation in line with Government guidelines. • Limit training time • when members face each other. Reduce/eliminate of shouting KiHap	Low
12	First Aid – Injury requiring medical treatment, and/or hospital visit.	• ALL	Medium	• Ensure you have a qualified First Aider present. • Review First Aid Procedures in line with the COVID-19 restrictions and precautions. Assistance from the Sports Centre. (if available)	Low
13	Instructor	• ALL	Low	• No physical contact with participants. • Good use of verbal and physical communication • Ensure all students bring Sanitizer • Students to bring there own towel	Low
14	Spacing / Calculation of DoJang capacity	• All	Medium	• Utilise the full floor area of the DoJang to achieve the required separation. • Follow Government guidelines. • Do not exceed capacity. • Work with Sports Centre /Venue Management	Low
15	KiHap (Basic Techniques)	• All	Medium	• To be performed such that the recommended separation is maintained. • Limit/eliminate KiHap especially if facing towards another member of the club.	Low
16	Hyungs Training	• All	Medium	• To be performed such that the recommended separation is maintained.	Low



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17	Sparring	<ul style="list-style-type: none"> <li>All</li> </ul>	Medium	<ul style="list-style-type: none"> <li>No physical contact. Distance between partners should be in line with Government guidelines</li> </ul>	Low
18	First Aid	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Instructor to ensure first aid kit available.</li> <li>Instructors to be aware of basic emergency protocols at each venue.</li> <li>Instructors teaching must hold a relevant first aid qualification and carry a first aid kit. Additional items Masks/Gloves.</li> </ul>	Low

<b>HIGH</b>	<b>High Risk: Totally unacceptable: effective control measures must be taken.</b>
<b>MEDIUM</b>	<b>Medium Risk: Unacceptable, effective control measures must be taken.</b>
<b>LOW</b>	<b>Low Risk: Acceptable, control measures are not necessary, but it is good practice to take them.</b>

Name and Signature of approver:

Ian Wallace

Approved Date: 03/07/2020