



European Tang Soo Do federation

Risk Assessment
RA No. 03

Ref No.

ETSDF RA 03

Revision

01

Date

03/07/2020

1. ACTIVITY:	General Training session & Tournaments – Martial arts (Tang Soo Do)		
Prepared by:	Name: Ian Wallace	Position: Health and Safety Officer	Reviewed by: Name: Master S Nar Position: Chief Instructor

The ETSDF recognises that all risks cannot be reduced to zero, therefore this risk assessment prioritises the significant risks. Significant risks are those which pose risk of serious injury or risks that are common in teaching of Tang Soo Do. For all activities, Instructors will dynamically assess risks and put in place control measures and record as required. Concerns, changes in risk management practice or minor injuries that are seen by Instructors to be significant should be reported to tangsoodomalta@gmail.com.

2. HAZARD IDENTIFICATION Identify hazards that may be present by ticking items on the list below

3. PRECAUTIONS:

CONFINED SPACE		HAZARDOUS AREA		HIGH RISK		HIGH RISK	
Difficult Entry/Exit	N/A	Traffic	N/A	Falling Objects	N/A	Construction working nearby	N/A
Oxygen Deficiency	N/A			Poor Lighting	N/A	Poor Visibility	N/A
Oxygen Excess	N/A	No handrails at sports area	N/A	Slippery Surfaces	X	Inhale able Dusts/Fibres	N/A
		Remote Area	N/A	Multiple Electrical Feeds	N/A	High Noise Levels	N/A
		Sharp objects	N/A	Trip Hazards	X	Difficulty to Communicate amongst students/instructors	X
		Toxic Substances	N/A	Electrical Hazards	N/A	Swords	X
		Potential for Difficult Rescue	N/A	Electrical High Fault Level work 400 amps or greater	N/A	Sticks	X
		Near Water	N/A				
				Manual Handling	X	Traffic Movement	N/A
HAZARDOUS SUBSTANCES in work area / to be used - attach MSDS				Sharp Materials	N/A	training near Operation Processing Lines	N/A
Sanitizers MSDS sheet				Flammable. Materials Present	N/A		

ADDITIONAL PRECAUTIONS		Training Specific	
Hand Sanitizers	X	Sparring gear	X
Glasses/Goggles		Swords (wooden)	X
Full Face Shield		Daggers (wooden or rubber)	X
Fire Extinguishers			
Ventilation			
Lighting (if dark)			
Masks			
Erect Warning signs	X		
First Aid kits	X	Remarks:	



European Tang Soo Do federation

Risk Assessment
RA No. 03

Ref No.

ETSDF RA 03

Revision

01

Date

03/07/2020

1. ACTIVITY:

General Training session & Tournaments – Martial arts (Tang Soo Do)

Prepared by:

Name:

Ian Wallace

Position: Health and Safety Officer

Reviewed by:

Name: Master S Nar

Position: Chief Instructor

Step No. Logical sequence	Sequence of steps	People at risk	Risk Rating	Recommended Corrective Action or Procedure	Risk Rating
1	Slips and trips	<ul style="list-style-type: none"> Instructor Students General public ALL 	Medium	<ul style="list-style-type: none"> Ensure floor is in good condition and free of obstacles. Significant wet patches should be dried. Segregate if necessary. Visual check by Instructor before start of the session. 	Low
2	Fire	<ul style="list-style-type: none"> Instructor Students General public ALL New students 	Medium	<ul style="list-style-type: none"> Payments should be made where possible electronically before the start of the class. Cash/Cheques should be minimised & handled carefully The Instructor is only to take register by either pen/paper or on their phone. 	Low
3	Electric shock	<ul style="list-style-type: none"> Instructor Students General public ALL New students 	Low	<ul style="list-style-type: none"> All electrical equipment to be properly maintained and if not isolated unplugged and removed Visual check by Instructor (if electrical equipment is not owned by the instructor then he should report the matter to the owner/keeper and check it has been made safe) 	Low



European Tang Soo Do federation

Ref No.

ETSDF RA 03

Revision

01

Risk Assessment
RA No. 03

Date

03/07/2020

1. ACTIVITY:	General Training session & Tournaments – Martial arts (Tang Soo Do)			
Prepared by:	Name: Ian Wallace	Position: Health and Safety Officer	Reviewed by:	Name: Master S Nar Position: Chief Instructor

3	Lighting / visibility	<ul style="list-style-type: none"> Instructor Students General Public (ALL) 	Medium	<ul style="list-style-type: none"> To be adequate for the purposes of safe training, entry to and exit from, the DoJang Visual check by Instructor 	Low
3	Cuts/punctures from sharp objects, including the use of Swords	<ul style="list-style-type: none"> Instructor Students General Public (ALL) 	Low	<ul style="list-style-type: none"> Ensure floor is in good condition and clear of obvious debris i.e. that which can be easily seen Visual check by Instructor Ensure that new students start with a blunt sword Ensure that no live blades are used at normal class 2nd Dans and higher to use live blades A protective barrier is to be used when using a live blade with adult students posted around ensuring no one runs into the demonstration. Sword to be carried at the back of your vehicle for training Students are to seek instructor's advice prior to training with a sword. 	Low
4	Physical injuries / health risk during training from contact: Broken bones, Loss of teeth, Dislocation of joints, Concussion, Strains and sprains, Cuts/broken skin, Health effects linked to over exertion e.g. feeling faint, seizure, breathlessness	<ul style="list-style-type: none"> Instructor Students General Public (ALL) 	Low	<ul style="list-style-type: none"> Experience and discipline of students. Careful supervision by instructor. Possible use of Personal Protective Equipment to prevent existing injuries being made worse. To be reviewed annually by HSE Officer (Master Wallace) Training / experience and discipline of students. Careful supervision by club instructor. Keep nails short. Remove items of jewellery. In relation to health affects Existing health problems e.g. Asthma should be made known to club instructor before training. Rest take medication e.g. inhaler. If necessary, arrange to go to hospital. 	Low
5	Physical injuries / health risk during training from non-contact: Broken bones, Loss of teeth, Dislocation of joints, Concussion, Strains and sprains, Cuts/broken skin, Health effects linked to over exertion e.g. feeling faint, seizure, breathlessness	<ul style="list-style-type: none"> Instructor Students General Public (ALL) 	Low	<ul style="list-style-type: none"> Training / experience and discipline of students. Careful supervision by instructor. Possible use of Personal Protective Equipment to prevent injuries being made worse To be reviewed annually by HSE Officer (Master Wallace) Thorough warm up before training Training / experience and discipline of students. Careful supervision by club instructor. Environmental factors most likely to cause cuts etc so this is to be monitored In relation to health affects Existing health problems e.g. Asthma should be made known to club instructor before training. Rest take medication e.g. inhaler. If necessary, arrange to go to hospital. 	Low
6	Physical injuries / health risk during tournaments AS PER BELOW	<ul style="list-style-type: none"> Instructor Students General Public (ALL) Venue staff 	Low	<ul style="list-style-type: none"> Emergency exits to be clearly signed, unlocked and routes clear of obstructions Establish exits, routes, alarms etc with venue staff prior to competition. Venue staff to have overall control of evacuation 	Low



European Tang Soo Do federation

Ref No.

ETSDF RA 03

Revision

01

Risk Assessment
RA No. 03

Date

03/07/2020

1. ACTIVITY:	General Training session & Tournaments – Martial arts (Tang Soo Do)		
Prepared by:	Name: Ian Wallace	Position: Health and Safety Officer	Reviewed by: Name: Master S Nar Position: Chief Instructor

7	Fire and other emergencies requiring evacuation	<ul style="list-style-type: none"> Instructor Students General Public (ALL) Venue staff 	Low	<ul style="list-style-type: none"> Risk of interference, attacking, scaring, etc. If concerned Instructor should stop class. 	Low
8	Slips and trips, cuts and punctures	<ul style="list-style-type: none"> Instructor Students General Public (ALL) Venue staff 	Low	<ul style="list-style-type: none"> Floors to be kept dry and clear of obstacles Competition areas and 1m safety zone, to be kept clear of e.g. bottles, towels, gum shield cases and other items of equipment Tournament Committee to consider suitability of venue if serious problems are identified 	Low
9	Electric shock, Lighting/ visibility and other risks arising from physical aspects of venue	<ul style="list-style-type: none"> Instructor Students General Public (ALL) Venue staff 	Low	<ul style="list-style-type: none"> All equipment to be properly maintained and adequate for purpose Tournament Committee to consider suitability of venue if serious problems are identified 	Low
10	Miscellaneous physical injuries during free fighting e.g. broken bones, loss of teeth, dislocations, concussion, strains and sprains, cuts / broken skin	<ul style="list-style-type: none"> Instructor Students General Public (ALL) Venue staff 	Medium	<ul style="list-style-type: none"> Refer to risks during training from contact risk assessment. Officials emphasize good control. Use of Personal Protective Equipment (hand and feet pads, head guard, gum shields, compulsory) Review annually by tournament Committee and HSE officer. 	Low
11	Impact from competitors forced out of area	<ul style="list-style-type: none"> Instructor Students General Public (ALL) Venue staff 	Low	<ul style="list-style-type: none"> Maintain clear 1m safety zone around competition areas. Persons in zone to be kept to a minimum e.g. other team members, corner judges and middle ref Review annually by tournament Committee and HSE officer. 	Low
12	Health effects linked to over exertion e.g. feeling faint, seizure, breathlessness etc	<ul style="list-style-type: none"> Instructor Students General Public (ALL) 	Medium	<ul style="list-style-type: none"> Refer to risks during training from contact risk assessment. Existing health problems to be made known to club instructor before entry. Doctor and First Aid personnel can assist if necessary Review annually by tournament Committee and HSE officer. 	Low
13	First Aid event including Infection from body e.g. blood	<ul style="list-style-type: none"> Venue staff First Aiders 	Medium	<ul style="list-style-type: none"> First aiders to be available for the free fighting part of the tournament Venue to have first aiders for Hyungs and weapons If the ETSDF uses its own first aiders, then an adequate first aid kit is to be arranged prior to the tournament along with ice packs. Medical or Venue staff to clean the floor up after the tournament and not a Tang Soo Do student. Venue to review. If anyone is injured then the online injury form is to be filled out within 24 hours of the injury 	Low



European Tang Soo Do federation

Ref No.

ETSDF RA 03

Revision

01

Risk Assessment
RA No. 03

Date

03/07/2020

1. ACTIVITY:

General Training session & Tournaments – Martial arts (Tang Soo Do)

Prepared by:

Name:

Ian Wallace

Position: Health and Safety Officer

Reviewed by:

Name: Master S Nar

Position: Chief Instructor

HIGH	High Risk: Totally unacceptable: effective control measures must be taken.
MEDIUM	Medium Risk: Unacceptable, effective control measures must be taken.
LOW	Low Risk: Acceptable, control measures are not necessary, but it is good practice to take them.

Name and Signature of approver:

Ian Wallace

Approved Date: 10/07/2020