



European Tang Soo Do federation

Risk Assessment  
RA No. 01

Ref No.

ETSDF RA 01

Revision

01

Date

03/07/2020

<b>1. ACTIVITY:</b>	Outdoor Training sessions – Martial arts (Tang Soo Do)		
Prepared by:	Name: Ian Wallace	Position: COVID19 Officer	Reviewed by: Name: Master S Nar Position: Chief Instructor

The ETSDF recognises that all risks cannot be reduced to zero, therefore this risk assessment prioritises the significant risks. Significant risks are those which pose risk of serious injury or risks that are common in teaching of Tang Soo Do. For all activities, Instructors will dynamically assess risks and put in place control measures and record as required. Concerns, changes in risk management practice or minor injuries that are seen by Instructors to be significant should be reported to tangsoodomalta@gmail.com.

**2. HAZARD IDENTIFICATION Identify hazards that may be present by ticking items on the list below**

**3. PRECAUTIONS:**

CONFINED SPACE		HAZARDOUS AREA		HIGH RISK		HIGH RISK	
Difficult Entry/Exit	N/A	Traffic	N/A	Falling Objects	N/A	Construction working nearby	N/A
Oxygen Deficiency	N/A			Poor Lighting	N/A	Poor Visibility	N/A
Oxygen Excess	N/A	No handrails at sports area	N/A	Slippery Surfaces	X	Inhale able Dusts/Fibres	N/A
		Remote Area	N/A	Multiple Electrical Feeds	N/A	High Noise Levels	N/A
		Sharp objects	N/A	Trip Hazards	X	Difficulty to Communicate amongst students/instructors	X
		Toxic Substances	N/A	Electrical Hazards	N/A	Swords	X
		Potential for Difficult Rescue	N/A	Electrical High Fault Level work 400 amps or greater	N/A	Sticks	X
		Near Water	N/A				
				Manual Handling	X	Traffic Movement	N/A
<b>HAZARDOUS SUBSTANCES in work area / to be used - attach MSDS</b>				Sharp Materials	N/A	training near Operation Processing Lines	N/A
Sanitizers MSDS sheet				Flammable. Materials Present	N/A		

ADDITIONAL PRECAUTIONS		Training Specific	
Hand Sanitizers	X	Sparring gear	X
Glasses/Goggles	N/A	Swords (wooden)	X
Full Face Shield	N/A	Daggers (wooden or rubber)	X
Fire Extinguishers			
Ventilation			
Lighting (if dark)			
Masks			
Erect Warning signs			
		Remarks:	
		All the above mentioned items are considered however since there is no contact allowed all above is for information purposes only.	
		Swords and sparring gear shall not be shared however sparring gear can be used as a barrier between pad and skin.	



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Step No. Logical sequence	Sequence of steps	People at risk	Risk Rating	Recommended Corrective Action or Procedure	Risk Rating
1	Arrival/Departure Transmission of infection airborne and physical contact	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> <li>General public</li> <li>ALL</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Avoid contact with door/gate handles, bring hand sanitizer or wipes.</li> <li>Parents must not drop off children and leave them with the Instructor, in case they need to go to the toilet.</li> <li>Parents must remain close by but not part of the group training.</li> <li>After the class, children will go to the parents individually, not in a group.</li> <li>Parents must follow Government guidelines on social distancing at all times.</li> </ul>	Low
2	Payment & Register – risk of transmission of infection	<ul style="list-style-type: none"> <li>ALL</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Payments should be made where possible electronically before the start of the class.</li> <li>Cash/Cheques should be minimised &amp; handled carefully</li> <li>The Instructor is only to take register by either pen/paper or on their phone.</li> </ul>	Low



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3	Floor Surfaces, flat and clear of objects	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Low	<ul style="list-style-type: none"> <li>Care and awareness of surfaces, especially when uneven, loose or slippery.</li> <li>Highlighted to individual/group as needed</li> <li>Check the ground for signs of water, liquids or other hazards and obstructions that might cause slips, trips and falls</li> <li>Dangerous litter being handled, stepped on or fallen on, leading to injury or harm</li> <li>Suitable footwear must be worn. Advise participants to wear trainers.</li> <li>Advise participants of risk of injury during turns etc.</li> </ul>	Low
3	Space between people & other groups within Government guidelines	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> <li>General Public (ALL)</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Ensure you have adequate space for Instructor to demonstrate exercises, and participants to train without breaching the '1 metre' guidance.</li> <li>Ensure you are aware, keep up to date and follow local authority rules and Government Guidance</li> <li>Good control and discipline of class</li> </ul>	Low
3	Weather Hazards - rain, cold, heat	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Low	<ul style="list-style-type: none"> <li>Read the weather report in advance, make sure you and your participants dress appropriately.</li> <li>Participants should be advised to wear sunscreen.</li> </ul>	Low
4	Temperature impacting performance	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Low	<ul style="list-style-type: none"> <li>Make sure the space you are using is at a comfortable temperature (not too cold/hot) and take sufficient steps to make sure participants are properly hydrated</li> <li>Advise participants of dangers i.e. sunstroke, hay fever, dehydration etc.</li> <li>Instructor to look for effects of over exertion, sunstroke, dehydration. (medication, sunscreen, water)</li> <li>Extra breaks</li> </ul>	Low
5	Visibility: Participants struggle to see you and their environment	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> <li>General Public</li> </ul>	Low	<ul style="list-style-type: none"> <li>Ensure that participants can see you.</li> <li>Avoid training at dusk/dawn unless the chosen venue is well lit e.g. flood lighting</li> </ul>	Low
6	Noise: Students cannot hear you & receive clear instructions	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Low	<ul style="list-style-type: none"> <li>Make sure that you can be heard clearly by participants over and above any background noise. e.g. traffic noise from a nearby road, music, etc.</li> </ul>	Low
7	Dogs not controlled by owners	<ul style="list-style-type: none"> <li>ALL</li> </ul>	Low	<ul style="list-style-type: none"> <li>Risk of interference, attacking, scaring, etc. If concerned Instructor should stop class.</li> </ul>	Low
8	Wildlife – Insect bites, allergic reactions Ingestion of toxins or poisons from flora and fauna – adverse reactions e.g. hay fever, etc.	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Low	<ul style="list-style-type: none"> <li>Advise participants they can choose to wear Insect repellent. Medication for hay fever, allergies, etc</li> <li>Check location for Training, use open spaces</li> </ul>	Low
9	Bicycles, Skateboards, lawn mowers, Vehicles, Car Park, etc	<ul style="list-style-type: none"> <li>ALL</li> </ul>	Low	<ul style="list-style-type: none"> <li>Awareness of condition of surroundings, and specific hazards to that environment.</li> <li>Vigilance when moving around where vehicles are – car parks, pathways, using proper crossings and marked areas when safe to do so.</li> </ul>	Low



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10	Group Competence – understand the participants background, children, adults, vulnerable adults, disabilities, etc	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Instructor must be a Qualified Instructor</li> <li>All Participants, including Instructor, must have an up to date Instructors certificate</li> <li>Good group behaviour and responsiveness to Instructor.</li> <li>Instructors should not continue class should they be concerned by individual and/or group behaviour leading to an accident or incident.</li> </ul>	Low
11	Instructor	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Low	<ul style="list-style-type: none"> <li>No physical contact with participants.</li> <li>Good use of verbal and physical communication</li> <li>Ensure all students bring Sanitizer</li> <li>Students to bring there own towel</li> </ul>	Low
12	Tang Soo Do Classes	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Participants must stay at least 1 metre apart at all times.</li> <li>For further details See Training Guidelines in Risk Assessment COVID-19 and latest Government Guidance</li> </ul>	Low
13	First Aid	<ul style="list-style-type: none"> <li>Instructor</li> <li>Students</li> </ul>	Medium	<ul style="list-style-type: none"> <li>Instructor to ensure first aid kit available. May want to advise participants to bring own first aid kit.</li> <li>Instructors to be aware of basic emergency protocols at each venue.</li> <li>Instructors teaching must hold a relevant first aid qualification and carry a first aid kit. Additional items Masks/Gloves.</li> </ul>	Low

Precedents or comparisons

Many Clubs have provided training in outdoor venues since the start of our organisation, without significant issue. General awareness and understanding of outdoor training. All schools conduct outdoor sports with young people as they go through their education. Most adults and young people are used to being outdoors in Public Parks and spaces.

<b>HIGH</b>	High Risk: Totally unacceptable: effective control measures must be taken.
<b>MEDIUM</b>	Medium Risk: Unacceptable, effective control measures must be taken.
<b>LOW</b>	Low Risk: Acceptable, control measures are not necessary, but it is good practice to take them.

Name and Signature of approver:

Ian Wallace

Approved Date: 03/07/2020